







## WELCOME TO YOUR Virtual Village Hall













Get moving!











The Virtual Village Hall is a popular free online activity hub and community, designed by Royal Voluntary Service and supported by players of People's Postcode Lottery to help people stay physically and mentally active, connected and having fun.



## **LOTS HAPPENING**

There is a wide range of sessions to take part in. Categories include:

- · creative arts and crafts
- · recipes and baking
- exercise and dance
- · health and wellbeing
- hair and beauty
- technology skills
- music and singing
- · reading and writing
- · needlework and textiles
- gardening and the outdoors
- special events

Sessions are available to access 24 hours a day, 7 days a week, are led by expert tutors and some well-known faces, and require very little space or equipment.

## **EASY TO USE**

The Virtual Village Hall is free to join. All sessions are live-streamed daily on Facebook, search @Virtual Village Hall. Followers can take part in activities in real time or view on-demand via the Royal Voluntary Service website or Virtual Village Hall YouTube channel. It is free to take part and a Facebook profile is not required.

## **FIND OUT MORE**



facebook.com/ VirtualVillageHall





royalvoluntaryservice.org.uk/vvh



YouTube: search 'virtual village hall'

We really hope that you will enjoy using the Virtual Village Hall.